

# Introduction to Reflexology for Midwives 2 day Workshop Townsville Hospital 10 & 11 July 2010

Presented by Lyndall Mollart  
RN. RM. Ma. Mid. Dip. Reflexology

## \*\*\*SPECIAL OFFER\*\*\*



Introduction Reflexology 2 day Workshop is designed to provide basic reflexology techniques for midwives who have no previous reflexology training, and includes:

- History of reflexology, foot awareness and concepts of reflexology
- The reflex zones of the body on the feet
- Lymphatic Technique and Endocrine Balance for use in practice (antenatal, intrapartum and postnatal period)
- Practical reflexology techniques for 'labour primer'

**The workshop attracts 15 points Australian College of Midwives Professional Development Credit Points (MidPLUS).**



Reflexology: a tool for midwives (S Enzer 2004) can be purchased at a special workshop price of \$80.00!

**Investment (tax deductible):** \$200.00 (morning/afternoon tea, and course notes) is required by 25/6/10.

**Saturday/Sunday 10<sup>th</sup> & 11<sup>th</sup> July 2010  
8.30am to 4.30pm  
Venue: Townsville Hospital**

**For more information phone/txt Lyndall on 0410422965 or email: [lmollart@gmail.com](mailto:lmollart@gmail.com)  
Local Contact: Jackie Warren**

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**To book your place-** Just fill in the form below and mail to Lyndall with your payment for the Townsville 2 day workshop, July 2010.

Name: .....

Address: .....

Phone: ..... Mob .....

Email: .....

**Please find enclosed my  Full Payment \$200 by 25/6/2010**

**Yes, I would like to purchase *Reflexology: A tool for Midwives* \$80 (pay at workshop)**

The fee is non-refundable if you withdraw from the course within 2 weeks of commencement but can be transferred. **Contact Lyndall re internet/bank transfer.**

**Please make cheques/money order- payable to Lyndall Mollart  
Mail to: 13 Branga Ave Copacabana. NSW. 2251.**

Web: [www.maternity-reflexology.net](http://www.maternity-reflexology.net)